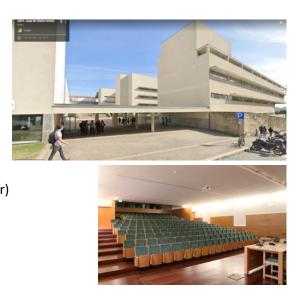
# Proposal for organising the 4<sup>th</sup> PlantEd Conference

Location: Porto, Portugal

Date: potential dates between 18 and 29 of September 2023

**Weather:** From May to September, the weather is often sunny and warm. Overall, Porto has a moderate climate. The average temperature in September ranges from 14-18 °C (minimum) to 21-25 °C (maximum).

Venue: Faculty of Pharmacy, University of Porto (FFUP) Rua Jorge Viterbo Ferreira, 228 4050-313 Porto WEBSITE DIRECTIONS



Local organisers: Isabel Mafra, Principal Researcher (MC member) Joana Costa, Assistant Researcher Isabel Ferreira, Associate Professor Other researchers and research students

#### Support: <u>REQUIMTE</u>



The Associated Laboratory for Green Chemistry (LAQV) of the Network of Chemistry and Technology (REQUIMTE) is the Portuguese Research Centre for Sustainable Chemistry, a key component of an imperative World Sustainable Development.

#### Why Porto?

- **Portugal** is a country located in Southwestern Europe, on the Iberian Peninsula. It is the westernmost country of mainland Europe, bordered by the Atlantic Ocean. The country is named after its second largest city, Porto, whose Latin name was Portus Cale. It is one of the world's most globalized and peaceful nations with a Mediterranean climate, being one of the warmest European countries.
- Nowadays, Portugal has strong relationships with lusophone countries, some of them with emergent economies, becoming a European point of contact with Africa and South America.
- Considering the unique features of **Porto's historical centre**, it was classified by the UNESCO as "World Cultural Heritage" in December 1996. UNESCO's decision was greatly influenced by the quality of the urban and social renovation works.
- The heritage of the Portuguese cuisine is also a result of its history, geography, constraints and developments undergone by this nation and its hospitable people. The **gastronomy** of Porto and the North of Portugal is amongst the most varied in the country and includes fish and seafood from the coast and tasty meats from the countryside.
- With over 100 years of history, the **University of Porto** is a leading teaching and scientific research institution in Portugal and worldwide. Considered the best Portuguese University

and one of the best 100 European institutions according to the most important Higher Education rankings, **U. Porto** combines quality teaching and excellent research with the best academic experience.

## What to see in the city?

Ribeira by the Douro River



Sé Cathedral

D. Luís bridge



Clérigos tower



City hall and old tram



Lello library



# Porto Wine Cellars



Beaches in Porto Foz do Douro

Matosinhos



Gaia, Senhor da Pedra



## How to get to the city centre from the airport?

Upon arrival at the airport Francisco de Sá Carneiro, Porto, there are several ways to get to the city centre:

By METRO – there is a station at the airport (Violet line (E)). You need to get a card ("Andante azul" 0.60€) and charge it with a Z4 trip (2.00€). This can be acquired in the automatic machines located in every Metro station. With this card you can get to the station Casa da Música (connection with several buses) or Trindade (city centre – Av. Aliados). To get to the

Faculty of Pharmacy University of Porto (FFUP), go to Casa da Música station, where you can get several connection buses, such as 507 or 208 that stop at FFUP (Palácio de Cristal). The map of the Metro is available at https://en.metrodoporto.pt/. IMPORTANT: validate the Andante card before entering the metro. The title is valid for 1 h trip. By Metro/bus the trip from airport to FFUP will take around 40 minutes.

- By BUS bus 601 goes from the airport to Casa da Música in about 50 minutes. You can use the Andante card charges with a Z4 trip or buy the ticket inside the bus (https://www.stcp.pt/en/tourism/from-and-to-the-airport/daytime-and-night-network/)
- By TAXI –the trip to the city centre costs around 25-30€ and takes about 20-30 minutes.
- By TRANSFER the trip to the city centre costs around 25-30€ and takes about 20-30 minutes. https://www.ziptransfers.com/en/vehicle-Example: extras?origen=opo&destino=porto&pax=2
- By UBER the trip from the airport to the city centre costs about 10-20€ and takes about 20-30 minutes.

## Accommodation:

Around FFUP and in 2-15 min walking there are several hotel options. Some suggestions are listed below:

Hotel HF IPANEMA Porto Hotel HF FÉNIX PORTO Hotel HF TUELA PORTO Hotel Vincii Porto Hotel Vila Galé Porto Ribeira Predicados do Douro Palace Casas do Palácio

FFUP is also near the city centre, at about 15-20 min walking, where many other accommodation options can be found.

## What to eat in Porto?

Priscos



Caldo Verde

- Bolo de bolacha
- Doces conventuais